

## Competition Rules/Code of Practice

Effective from January 2016

### **1. Grades & Steps**

- 1.1. Teachers/Dancers must ensure that dancers are competing in the correct age group and grades.
- 1.2. Under 4/Tiny Tots competitions are non-graded. All other age groups are graded.
- 1.3. Dancers are permitted to enter only one age group for each dance in any grade.
- 1.4. There must be a minimum of six competitors in solo or figure competitions for the result of the grade of the winner to be affected. Feis organisers will reflect this on their result sheet.
- 1.5. Regrading of dancers is not permitted. If a CRDM dancer competes in another organisation's Feiseanna and wins any dances they must move up to the next grade for those dances.
- 1.6. Visiting dancers are not permitted to regrade when competing in CRDM Feiseanna. Results will be obtained to verify the grades of dancers.
- 1.7. All dancers performing in the A grades must dance basic A steps.
- 1.8. All dancers performing in the B grades must dance basic B steps. However, front clicks and rocks are permitted.
- 1.9. The standard of steps performed in Intermediate Light Jig and Single Jig must be similar to those performed in the A & B grades.
- 1.10. The Lead Around of light solo dances and the Treble Jig may be performed on the right foot twice.
- 1.11. The Lead step of the Hornpipe, Traditional & Modern Set Dances must be performed on both the right and left feet.
- 1.12. All steps after the Lead around must be executed on both the right and left feet.
- 1.13. Traditional Set Dances must be performed in a traditional manner.
- 1.14. The Rally Reel shall be danced as one step down the line.
- 1.15. No En Pointe, toe walking movements either stationary or moving are permitted by dancers up to and including Under 11 age categories.
- 1.16. Dancers that are aged 11 are not permitted to execute En Pointe movements if they are competing in the Under 12 age categories.
- 1.17. If a dancer stops, they will receive zero marks.
- 1.18. If in an Open Championship a dancer does not perform a modern set dance in the opposite timing to their heavy round they will receive zero marks for that round.
- 1.19. Once entries have been received dancers may not change the timing of either their heavy or set dance rounds.
- 1.20. Dancers are to perform the following number of bars:
  - 1.20.1. All solo dances (except A Slip Jig) 32 bars
  - 1.20.2. A Slip Jig 24 bars
  - 1.20.3. A, B & Intermediate Awards 32 bars
  - 1.20.4. Preliminary Championships 32 bars
  - 1.20.5. Open Awards Under 5 & 6 32 bars
  - 1.20.6. Open Championships Reel & Treble Jig– 40 bars  
Slip Jig & Hornpipe – 32 bars
  - 1.20.7. Traditional set Dances Lead & Set (set on right foot only)
  - 1.20.8. 2 & 3 Hand Reels 40 bars