

	<h1>Costume Rules</h1>	CRDM033	Revision 01
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## 1. Costumes

- 1.1. Dancers **must** use the changing rooms provided at each Feis to change in and out of costumes.
- 1.2. Full costumes must be worn at all times while dancing and for presentations. Dancers must wear either costume or skirt/trousers and top with sleeves.
- 1.3. Costumes/Skirts must be of an appropriate length so as not to cause offence or embarrassment. Skirt length should be no shorter than mid-thigh at the back of the leg. Costume length must not be above your hand when placed by your side. Kick pants should never be on display.
- 1.4. All competitors taking part in beginner A & B grades are not permitted to wear a solo costume. They must wear either a class costume or a skirt/trousers and top.
- 1.5. Dancers shoulders must be covered
- 1.6. Feathers and any other hazardous materials are not allowed on costumes
- 1.7. Dancers receiving results in the beginner grades **must** remain in their class costume for the duration of their results.
- 1.8. Competitors must wear either **white** bubble socks or black tights. **Where tights are worn, they must be of a denier of not less than 70.**
- 1.9. Appropriate underwear covering the midriff must be worn.
- 1.10. Skirts worn over bodysuits must adhere to the rule on costume length.
- 1.11. Leotards must have necklines at collarbone level or above.
- 1.12. Tight sport or gym skirts are not suitable attire.
- 1.13. Wrap around skirts must be secured with a pin.
- 1.14. Boys/Men's costumes must adhere to the principles of modesty and enable them to safely perform their steps.
- 1.15. Both male & female costumes must not have any representations such as globes.